

CONFLICT SPIRAL WORKSHEET

Rick asks Sarah not to talk to Mario anymore, but Sarah explains they are project partners and that Mario has been her friend since childhood, nothing more. Rick and Sarah solve their differences, but Rick is still mad at Mario. He believes all the arguing with Sarah is Mario's fault.
On Monday while Sarah and Mario are celebrating (laughing and hugging) the success of their project and their A+, Rick approaches them, pushes Mario and demands that he stop touching his girlfriend. He is so mad that he even tells them: "get a room!".
Sarah and Rick are dating. Sarah has been friends with Mario since they were kids because their mothers are close friends; therefore, they spent a lot of time during their childhood together. They are also classmates in Science. Mario is not very good at Science and he asked Sarah to be his partne for the final science project. Rick does not like the amount of time Sarah is spending with Mario and sometimes feels jealous when he catches them laughing and having a good time together.
Sarah's and Mario's science project is due on Monday. Sarah and Mario are behind with the job and agree to spend Saturday morning working on the project. Rick had bought tickets to watch a move at the cinema that Saturday afternoon. The movie starts at 7:30pm. Rick is almost at the Library to pick Sarah up when he calls her. Sarah tells him she is not in the library because Mario and her need some supplies for the project and went to the store. Sarah tells Rick that Mario is going to give her a ride to the cinema. Sarah arrives half an hour late to the movie and tells Rick that Mario's mother called to ask him to pick up his little sister from some friend's house. They had to go to pick her up and are late because of the traffic. Rick gets angry with Sarah but even angrier with Mario. Rick thinks Mario was trying to spend as much time as possible with Sarah because he is secretly in love with her.
Rick starts talking bad about Mario to his friends. He begins calling him a loser and a scumbag. Also, Rick starts telling everyone that Mario is trying to break up his relationship with Sarah.
Sarah and Rick break up. Sarah continues her friendship with Mario. One day Rick can not stand seeing them together anymore and starts fighting with Mario in the cafeteria.
Rick leaves and Sarah starts to cry. Mario looks for Rick to explain the cinema incident and that he only considers Sarah a good friend. Rick will not listen to Mario and starts calling him names. Mario leaves.
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