

#### **Playing Dumb**

- Approach is less direct
- Forces other party to explain, thus prompting them to reflect and analyze their statement

### **Clarifying**

- Forces other party to defend their claim
- Poses an opportunity for other party to define their perspective

### Reflecting

- Approach is direct
- · You reflect what other party said, allowing them to hear what they said
- Creates an opportunity for them to understand their own perspective when reflected back at them

### Offering Another Perspective

- Approach is direct
- · Poses an opportunity to expand the other party's views and beliefs

# **Encouraging Empathy**

- Approach is very direct and clear
- Remain calm and tactful when communicating your message
- Provides an opportunity for other party to reflect on one's own emotions and reactions if said statement was applied to them

# **Expressing Your Feelings**

- · Approach is personal, direct, and clear
- Suggested to be used with someone who is close (i.e. a close friend, close family member, etc.)
- Poses an opportunity for you to be assertive and express your feelings in order for other party to reflect on the consequences of their statements

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#### **Sharing Your Own Process**

- Approach is personal and direct
- Suggested to be used with someone who is close (i.e. a close friend, close family member, etc.)
- Creates an opportunity for other party to consider the process of others by setting an example of one's own growth from their previous beliefs and/or feelings

#### Sincere Flattery

- Prompts other party to reassess their thinking by setting a high standard for the other party
- Reinforces other party's previous strengths in order to change current behavior

#### **Separating Intent from Impact**

- Prompts other party to reassess their thinking by setting a high standard for other party
- Subtly informs other party of the damage/hurt made through statements/beliefs

#### **Appealing to Values**

- Approach is personal and direct
- Suggested to be used with someone who is close (i.e. a close friend, close family member, etc.)
- Validates other party's values that are aligned with yours, and draws out opportunity to realign their current behavior to reflect those values

# **Pointing Out Policies**

- · Referencing on established policies helps other party reassess and realign their current behavior
- Cannot be used if there is no formal policy set in place (be mindful if that policy exists before making the claim, discuss with your Human Resource Department for guidance)

### **Using Humor**

 Approach is light and comical, and is intended to be used to give other party an opportunity to observe the damage of their current behavior